**Values Inventory**

Values define the core of what is important to us. We are most productive and energized when our actions and environment align with our core values. Choose your top 5 values from the list below (or add any not on the list). Rank them from 1 (most important) to 5.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Acceptance | Decisiveness | | Gratitude | Order | Simplicity | |
| Adventure | | Dependability | Hard Work | Peace | Sincerity | |
| Accomplishment | | Dexterity/Agility | Harmony | Perfection | Solitude | |
| Accuracy | | Dignity | Health | Playfulness | Speed | |
| Achievement | | Diligence | Helpfulness | Poise | Spirituality | |
| Adaptability | | Directness | Honesty | Popularity | Spontaneity | |
| Affection | | Discipline | Humility | Power | Stability | |
| Altruism | | Diversity | Humor | Practicality | Structure | |
| Ambition | | Duty | Impact | Preparedness | Success | |
| Approachability | | Economy | Independence | Proactive | Teamwork | |
| Attractiveness | | Efficiency | Innovation | Professionalism | Timeliness | |
| Balance | | Empathy | Integrity | Prudence | Tradition | |
| Beauty | | Endurance | Intelligence | Punctuality | Tranquility | |
| Calmness | | Excellence | Intimacy | Reason | Trust | |
| Challenge | | Expressiveness | Intrepidness | Resilience | Uniqueness | |
| Cheerfulness | | Fairness | Intuition | Resourcefulness | Variety | |
| Cleanliness | | Faith | Joy | Respect | Virtue | |
| Comfort | | Fame | Justice | Rigor | Vision | |
| Commitment | | Family | Kindness | Security | Warmth | |
| Compassion | | Fluency | Knowledge | Self-control | Usefulness | |
| Connection | | Focus | Learning | Selflessness | Wealth | |
| Consistency | | Frankness | Love | Self-reliance | Winning | |
| Contribution | | Freedom | Loyalty | Sharing | Wisdom | |
| Cooperation | | Friendliness | Obedience | Service Wonder | | Wonder |
| Courage | | Fun | Openness | Sharing | | Youthfulness |
| Creativity | | Generosity | Optimism | Significance | |  |