**Curiosity Self Reflection and Feedback Worksheet**

Self Reflection

1. How do you see this situation?
2. What do you want?
3. What if nothing changes?
4. What could you say "no" to?
5. What do you not know? How could you find out?
6. What might work? What else?​

Gathering Input and Feedback

1. I'm curious about how others see me. (How will you find out? Ask? Get a 360 assessment?)
2. I'm curious about what would happen if..... (Will you try it and see?)
3. I'm curious about how to build a..... (Who knows and would teach you? How else could you learn?)
4. I'm curious about what it's like to live in.... (What first step could you take to experience this culture?)
5. I'm curious about how (famous person) grew up. (How will you find out?)