**Values Inventory**

Values define the core of what is important to us. We are most productive and energized when our actions and environment align with our core values. Choose your top 5 values from the list below (or add any not on the list). Rank them from 1 (most important) to 5.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Acceptance  |  Decisiveness | Gratitude | Order  | Simplicity  |
| Adventure  | Dependability  | Hard Work | Peace  | Sincerity  |
| Accomplishment  | Dexterity/Agility | Harmony  | Perfection  | Solitude  |
| Accuracy  | Dignity  | Health  | Playfulness  | Speed  |
| Achievement  | Diligence  | Helpfulness  | Poise  | Spirituality  |
| Adaptability  | Directness  | Honesty  | Popularity  | Spontaneity  |
| Affection  | Discipline  | Humility  | Power  | Stability  |
| Altruism  | Diversity  | Humor  | Practicality  | Structure  |
| Ambition  | Duty  | Impact  | Preparedness  | Success  |
| Approachability | Economy  | Independence  | Proactive  | Teamwork  |
| Attractiveness  | Efficiency  | Innovation | Professionalism  | Timeliness  |
| Balance  | Empathy  | Integrity  | Prudence  | Tradition |
| Beauty  | Endurance  | Intelligence  | Punctuality  | Tranquility  |
| Calmness | Excellence | Intimacy  | Reason  | Trust  |
| Challenge  | Expressiveness  | Intrepidness  | Resilience  | Uniqueness  |
| Cheerfulness  | Fairness  | Intuition | Resourcefulness  | Variety  |
| Cleanliness  | Faith  | Joy | Respect  | Virtue  |
| Comfort  | Fame  |  Justice  | Rigor  | Vision  |
| Commitment  | Family |  Kindness  | Security  | Warmth  |
| Compassion  | Fluency |  Knowledge  | Self-control  |  Usefulness  |
| Connection  | Focus  | Learning  | Selflessness  |  Wealth  |
| Consistency  | Frankness  | Love  | Self-reliance  |  Winning  |
| Contribution | Freedom  | Loyalty  | Sharing  |  Wisdom  |
|  Cooperation  | Friendliness  | Obedience  | Service Wonder | Wonder |
| Courage  | Fun  | Openness  | Sharing  |  Youthfulness  |
| Creativity | Generosity | Optimism  | Significance |  |